

About the Author

Jens Daessler is a German-born editor, executive coach, and the creator of FlyCalm by Ivy. Starting his career in Munich, he spent decades dissecting how people operate and make decisions under intense pressure. A passionate frequent flyer, his executive coaching practice naturally extended into the aircraft cabin. While accompanying high-consequence individuals through their own severe flight anxiety, he began translating applied neuroscience into practical interventions. Today, working out of Southeast Asia, he has engineered these methods into FlyCalm—a real-time audio architecture designed to return clarity and function to passengers exactly when they need it most.